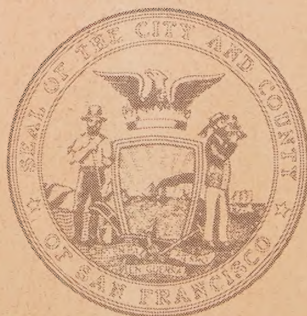


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# EARTH QUAKE



**PREPAREDNESS  
AND THE  
FAMILY PLAN**

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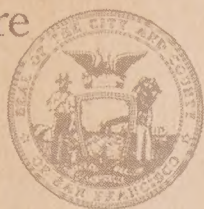
Scientists predict that California will have a major earthquake of devastating proportions sometime within the next few decades. Now is the time to prepare yourself, your family and your home for such an event. *Do not rely on others*, it is your responsibility to be prepared. A major earthquake will tax local government and emergency response agencies, probably beyond their capability. It is imperative that each citizen be prepared for such an event.



# EARTHQUAKE

## PREPAREDNESS AND THE FAMILY PLAN

You are urged to complete the Checklist for the Family Plan and ensure that each member of your family is familiar with the emergency actions outlined.



### HOME PREPAREDNESS

- Check your home for hazardous conditions.
- Develop a family emergency plan.
- Anchor your hot water heater to the wall to prevent toppling.
- Instruct all members of the family on where and how to turn off all utilities, if required.
- Have a battery operated radio, flashlights & fire extinguisher.
- Have an emergency 5 day supply of food, water, medication, etc.
- Become trained in first aid and CPR methods.
- Rehearse your family emergency plan.

### DURING EARTHQUAKE SHAKING

- Don't panic... Reassure others, don't try to keep things from toppling or falling.
- *Think before you act.*
- Get under a table, desk, bed or stand in an interior doorway and brace yourself against the door jamb.
- *Do not* run outside or down stairs. If inside, stay there; if outside, stay there and take cover, watch for falling objects.

See pages in your telephone book for additional information

Emergency Telephone:

# 911

### AFTER EARTHQUAKE SHAKING—CHECKLIST

- Take time to think through your actions.
- Check for injuries.
- Check for fires.
- Check utilities—shut off if necessary.
- *Do not* light a match or turn on a light switch. Use a flashlight.
- Draw a moderate amount of cold water.
- Wear sturdy shoes.
- Check house for structural damage—check chimney—evacuate house if necessary.
- Confine or restrain frightened pets.
- *Do not* use the telephone except for extreme emergency.
- Start clean-up effort, open doors carefully. *Be prepared for after shocks.*

- Check your neighborhood. Stay away from downed power lines.
- Stay out of danger areas. *Do not* go sightseeing and *never* go to the beach to watch for giant sea waves.
- Respond to requests from emergency service officials, police, fire fighting or relief organizations.

### IF YOU HAVE TO EVACUATE

- Post a message in clear view where you can be found. List reunion points in case of separation.
- Take with you: sleeping bag or bedding, extra clothing, first aid kit, radio, money, important papers, food, water, medicines.
- Proceed cautiously to a safe area.

### CHECKLIST FOR FAMILY PLAN

Father's Work Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Mother's Work Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_'s School Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_'s School Address: \_\_\_\_\_ Phone: \_\_\_\_\_

School Policy is to: \_\_\_\_\_ Hold Children  
\_\_\_\_\_ Release Children  
\_\_\_\_\_ Other

Reunion Points if Separated (neighbor's home, relative, local school, community center, etc.) \_\_\_\_\_

Location of: \_\_\_\_\_

First aid kit: \_\_\_\_\_ Wrench: \_\_\_\_\_

Radio: \_\_\_\_\_ Main fuse box: \_\_\_\_\_

Flashlights: \_\_\_\_\_ Emergency food: \_\_\_\_\_

Gas valve: \_\_\_\_\_ Emergency water: \_\_\_\_\_

Evacuate to mass care facility **only** if home cannot be occupied and/or upon information broadcast over emergency radio.

If the City siren system sounds for an extended period of time, turn on your radio for local emergency announcements.

### MASS CARE AND CASUALTY CARE FACILITIES

#### District 1

- \*Francisco Middle School, 2190 Powell St.
- \*\*Chinese Hospital, 845 Jackson St.

#### District 2

- \*Civic Auditorium and Brooks Hall
- \*\*Central Emergency Aid Sta., 135 Polk or 50 Ivy St.

#### District 3

- \*Moscone Convention Center, Howard at 4th St.
- \*Potrero Hill Middle School, 655 Deharo at 18th St.

#### District 4

- \*Marina Middle School, 3500 Fillmore at Bay St.
- \*\*Presbyterian Medical Center, 2333 Buchanan St.
- \*\*Mt. Zion Hospital, 1600 Divisadero St.
- \*\*St. Francis Memorial Hospital, 900 Hyde St.

#### District 5

- \*University of San Francisco, Golden Gate Avenue
- \*\*Kaiser Foundation Hospital, 2425 Geary Blvd.
- \*\*Ralph K. Davies Hospital, Duboce and Castro Sts.
- \*\*U. C. Medical Center, 3rd Avenue and Parnassus
- \*\*St. Mary's Hospital, 450 Stanyan St.

#### District 6

- \*James Lick Middle School, 1220 Noe St. at 25th St.
- \*\*St. Luke's Hospital, 3555 Army St.

#### District 7

- \*George Washington HS, 30th Avenue and Anza
- \*\*Children's Hospital, 3700 California St.
- \*French Hospital, 5th Avenue and Geary Blvd.
- \*\*Marshall Hale Memorial Hospital, 3773 Sacramento St.
- \*\*VA Hospital (Ft. Miley), 42nd Avenue & Clement St.

#### District 8

- \*Abraham Lincoln HS, 2162-24th Ave. & Quintara
- \*\*Laguna Honda Hospital, 375 Laguna Honda Blvd.
- \*\*Shriner's Hospital, 19th Ave. and Moraga

#### District 9

- \*J. Denman Middle School, 241 Oneida St. at Otsego

#### District 10

- \*Woodrow Wilson HS, 400 Mansel Ave. & Goettingen St.
- \*Pelton Middle School, Conkling near Thomas St.
- \*\*S. F. General Hospital, 22nd St. and Potrero Ave.

- \*Mass Care Facility
- \*\*Casualty Care Facility

- Emergency District Boundary
- ▲ Mass Care Facility
- Casualty Care Facility





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